

Steps to New Freedom VA

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For those people who are seriously committed to a productive lifestyle and are willing to participate fully in the rehabilitation process

Date:

Name: Back#: SSN: DOB: Age:

Facility: Address:

Contact Name & Phone #:

Service Branch: Service In date: Service Out date:

PLEASE FILL OUT WITH AS MUCH DETAIL AS POSSIBLE.

Do you have family/significant others in Northern Nevada? Yes No Relationship:

Location:

Are they supportive? Yes No Describe how:

Do you have outstanding warrants for your arrest? Yes No

If yes, what & where:

Parole eligibility date: Mandatory parole date:

Expected Release Date: Parole/probation expires:

Parole/Probation Officer Name: Phone:

Prior parole/probation:

Dates	Locations	How were they discharged or completed?
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

Criminal History

Offense/Charge	Dates	Sentences/Time Served	Drug/Alcohol Related?
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="radio"/> Yes <input type="radio"/> No
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="radio"/> Yes <input type="radio"/> No
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="radio"/> Yes <input type="radio"/> No

(Attach additional page if more space needed)

Have you ever been convicted of a violent offense? Yes No If so what?

Have you ever been convicted of a sexual offense? Yes No If so what?

Any write-ups or disciplinary problems?

Do you owe restitution or fines anywhere? Yes No

If so, where and how much do you owe?

In prison, did you participate in: (where and when)

Street Readiness Counseling Groups

Special Training Program Other

G.E.D. and/or classes

College level classes

Religious Programs/KAIROS

Jobs you had while in prison

Job skills and past experience

Highest grade in school completed: Degree(s):

Do you have a drug or alcohol problem? Yes No Specify:

Have you ever lost a job due to substance related behavior? Yes No

If so, explain:

Primary Drug of Choice:

Second Drug of Choice:

Method of Use:

Method of Use:

Age First Used:

Age First Used:

Date of Last Use:

Date of Last Use:

Do you attend AA/NA meetings? Yes No If so, how often?

Prior Drug/Alcohol Treatment:

Where When Did you complete successfully? Yes No

What was your longest period of drug/alcohol abstinence? From To

Have you ever developed a tolerance to any drug(s)? Yes No

Have you ever had to take more of a drug to get the same effect? Yes No

Have you ever experienced withdrawal symptoms from any drug? (Sleeplessness, craving, irritability, etc.)

Has your drug/alcohol use ever caused problems in relationships with spouse, parents, or significant others?

Have you ever tried to control your drug/alcohol use successfully? Yes No If so, how?

What is your longest period of sobriety **outside a controlled environment**?

MEDICAL / PSYCHOLOGICAL

Medical or psychological problems (past & current):

Medication(s):

Date of last physical examination: Date of last TB test: Results:

Past participation in a transitional/residential facility? Yes No If so, what program, when, and where?

How long did you stay? Did you complete/graduate from the program? Yes No

Reason for not completing: Contact Person:

Why are you considering **Steps to New Freedom** as part of your release program?

Do you have alternative programs you are considering?
If so, what are they?

Employment History prior to incarceration (start with most recent)

Date Started Ended

Employer Name & Address:

Phone: Supervisor: Position:

Date Started Ended

Employer Name & Address:

Phone: Supervisor: Position:

Date Started Ended

Employer Name & Address:

Phone: Supervisor: Position:

THE STEPS TO NEW FREEDOM CRITERIA FOR ADMISSION

In order to be admitted to Steps to New Freedom, residential facility, an applicant must meet the following criteria. Any applicant not meeting this criteria or unwilling to comply with the requirements will be denied services.

1. Must be at least 18 years old;
2. Must be in need of a structured program and willingness to remain a minimum of 6 months or more with special conditions.
3. Alcohol and/or drug disorder, are admissible when; it is past the denial stage of abuse and there is no physical dependency. Applicants who have been diagnosed by DSM criteria "with physiological dependence" who are at no risk of complications upon withdrawal are excluded.
4. Must not have suicidal intent which would present imminent danger to self or others;

5. Applicant has signed a medical release so that staff can obtain medical records from the appropriate prison institution and that such reports will include the applicant's mental as well as physical health;
6. Program capabilities do not exceed applicant's medical and/or mental health needs;
7. Applicant agrees to enroll in support group that staff deems beneficial in the recovery process;
8. Must be willing to submit to random drug screening and or breath analysis for alcohol.
9. Must have a current TB test or be in isolation until one is obtained.
10. Stated willingness to comply with program rules.

STEPS TO NEW FREEDOM - CONTRACT FOR RESIDENCY

1. Alcohol, gambling, or narcotics consumption is forbidden at any time during residency, on premises or off.
2. Violence, including verbal abuse, will not be tolerated.
3. Residents who are unemployed upon arrival at Steps to New Freedom will be given two weeks to begin paying fees. However, service fees will be charged from the first night of residency. After the initial three weeks, ALL SERVICE FEES WILL BE BROUGHT UP TO DATE.
4. Immediate expulsion may occur if the new resident does not secure verified employment within 10 working days of his/her arrival.
5. While an individual is seeking employment, he will be required to be out of Steps to New Freedom by 8:00 am. Resident may come home for lunch, but is expected to resume job search until 5:00 pm.
6. Chores will be assigned by the house manager. Chores will be done on a daily basis. After any chore is done, anyone using a cleaned room will pick up after themselves. Everyone must contribute keeping the house and yard cleaned and presentable.
7. Sign out sheets will be signed whenever a resident leaves and returns to the house. This includes all residents, even if they are not on parole/probation.
8. Beds will be made neatly within one-half hour of rising. Rooms will be kept orderly and vacuumed and dusted weekly, either on Saturday or Sunday.
9. Residents may not quit their job without first obtaining permission from Steps to New Freedom staff. Any employment changes must be reported immediately to the primary counselor or house manager.
10. Monday through Friday all residents must report home by 6:00 PM (unless at an approved schooling program or at work). Sunday through Thursday, curfew is maintained at 10:00 pm. Friday and Saturday curfew is maintained at midnight. Clients with weekdays off need to consult with their house manager regarding curfews. The 6:00 P.M. curfew applies to unemployed clients every day including weekends.
11. Attendance is necessary for all mandatory groups and meetings.
12. Individual will agree to random drug and alcohol screening by staff.
13. There will be no dating or fraternizing with other residents in Steps to New Freedom.
14. All residents are required to undergo an initial evaluation session with the Clinical Director and then at least once each month for the duration of their residency. Rate per session is \$115.00 and may be subject to change.

IN KEEPING WITH THE SPIRIT OF THIS HOUSE, WHICH IS REHABILITATION, I AGREE TO UPHOLD ALL THESE RULES. BY SIGNING THIS SHEET, I GIVE MY WORD.

Signed: Date:
 Applicant

Special Agreement

Applicants for the Steps to New Freedom program are initially screened for substance abuse issues. We recognize that there may be multiple problems and addictions associated with substance abuse. For that reason we do not discriminate against low to moderate risk sex offenders who have substance abuse and addictions problems. Since the program is primarily designed to serve substance abuse issues, applicants with additional behavioral or addiction issues will be required to be involved in additional psychological programming. This programming is required and can be modified only by the authority of the executive director or the clinical director of Steps to New Freedom.

1. Residents who have sexual offense issues hereby agree to remain in the program for minimum of four months.
2. Residents who have sexual offense issues hereby agree to attend three mandatory meetings per week. These will include the House meeting, a substance abuse meeting, and a sexual offense group therapy program.
3. Residents who have sexual offense issues may choose the Therapeutic Sex Offense program at Agape Psychological Services or any other therapeutic sex offense program approved by the clinical director or the executive director of Steps to New Freedom.
4. Residents who have sexual offense issues hereby agree to pay for the sexual offense therapy programming separate and apart from their program fees at Steps to New Freedom.
5. Steps to New Freedom have made arrangements with Agape Psychological Services to provide Therapeutic Sex Offense programming at reduced rates when the residents meet the program requirements. All residents who choose Agape Psychological Services will begin the Therapeutic Sex Offense program at level 1, which involves one 90 minute group meeting per week and individual sessions at a frequency to be determined by the group director at Agape Psychological Services based on previous sexual offense programming and progress. The current fees for this program are \$35 per weekly group session and \$115.00 per individual session as required (fees are subject to change). All residents with sexual offense issues agree to attend weekly individual therapy until their previous programming and progress can be determined by the individual therapist.
6. Applicants for the Steps to New Freedom program who have sexual offense issues agree to follow all the rules and procedures of the program even if their parole or probation requirements are less restrictive.

Signed: Date:
 Applicant

Signed: Date:
 Program or Clinical Director

REQUEST FOR RESIDENCY

I, , hereby request residence in Steps to New Freedom for a period of at least 4 months or more for special condition. I have read the rules and procedures of the house, and I give my word to abide by them and to participate fully in my rehabilitation. I agree to develop a personal plan for my own growth in consultation with the staff members of Steps to New Freedom, and to continue to review and develop that plan on a regular basis while I am a resident of Steps to New Freedom. I realize that failure to work within the guidelines of the house will result in my dismissal from the program, and may jeopardize the conditions of my parole agreement.

Signed this day of 20.

Applicant Signature

To: Parole & Probation Officer

I acknowledge that I have reviewed the conditions for acceptance and retention in Steps to New Freedom, as stated above, with .

Signed: Date:
Probation Officer Date:

Reference(s) – one must be next of kin

Name	Address	Phone	How related to you
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

I hereby give my consent for Steps to New Freedom staff to contact the above named individuals at their sole discretion.

Applicant's Signature Date